











Electronic Prescribing of Controlled Substances

Technical Framework Panel

Mark Gingrich, RxHub LLC July 11, 2006

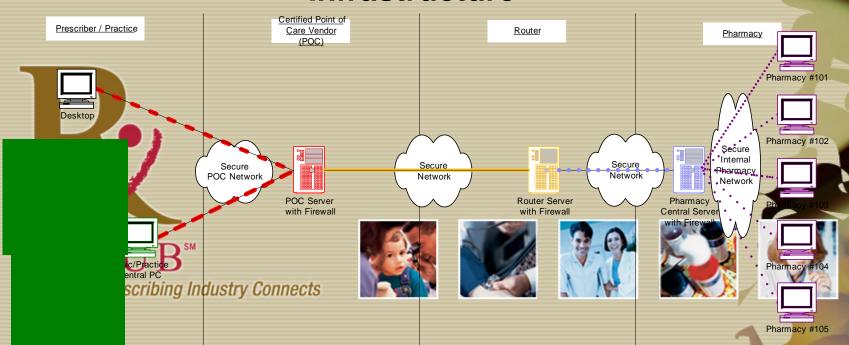




#### **RxHub Overview**

- Founded 2001 as nationwide, universal electronic information exchange
- Encompass five of the largest pharmacy benefits managers (PBMs)
  - CaremarkPCS, Express Scripts, Medco Health Solutions
  - 160 million covered lives (and growing with addition of new participants ~80% commercial market)
  - Pharmacare, Argus
    - Additional 50 million covered lives
- Includes participation by point-of-care technology vendors, electronic medical record vendors, health plans, hospitals, and pharmacies
- Processing over <u>4.3 million</u> transactions a month that correlate to a point-of-care patient visit
  - 20.5 million incoming eligibility in 1H2006 (26.5M in 2005)
  - 2.2 million med history summaries in 1H2006 (2.5M in 2005)
  - 111 thousand electronic prescriptions in 1H2006 (33K in 2005)

# Electronic Prescribing Security and eSignature Infrastructure



- prescribers before assigning unique IDs to them (IDs are unknown to prescribers).
- Security: Authenticated prescribers are granted access to POC technology, where they login with unique usernames and passwords.
- -- Security: Prescribers send prescription data to POC server through POC's secure channel ( ).
- -- Prescribers sign contracts authorizing the POC to act as their authorized agent in sending eRxs.
- -- Wireless technologies (e.g. tablet PCs and PDAs) contain their own security profiles to prevent unauthorized access or interception ( ).

- Authentication: POC and Router verify each other's static IP addresses, IDs and passwords before opening secure channel for transporting an eRx.
- Security: Use of PHI (protected health information) must be in accordance with HIPAA standards for the purpose of treatment, payment or healthcare operations.
- -- Authentication: Router verifies the IP addresses, IDs and passwords of each participant (POC and Pharmacy) before opening secure communication channels.
- -- Security: Router adheres to security policies which are consistent with HIPAA security guidelines.
- -- Security: Router performs internal assessments using security scanning tools for network and system security.
- Security: Router maintains only enough information to allow for routing, auditing and support.
- -- Security: Router may not view or modify eRxs, except when translating from one messenging standard to another (e.g. HL7 to NCPDP).

- -- Authentication: Pharmacy stores a crossreference table containing DEAs and their unic DDs (assigned by POCs).
- -- Audi Trail: Pharmacists may contact a POC or prescriber at any time to verify the authenticity of an eRx.
- -- Audit Frail POC, Router and Pharmacy maintain transaction logs that may be used for auditing surposes.
- -- Authentica los Pharmacos de Call Server) and each Pharmacos de Verify each other's IP addresses IDs, and passwords better opening a secure channel (......



## Security: What does HIPAA "require" of a Covered Entity to achieve "Security" of Protected Health Information

Requirement	Description	eRx
Administrative Safeguards	prevent, detect, document, contain and correct security violations;	✓
	determine appropriate, limited access to be given to identified individuals;	
	ensure workforce training regarding security policies;	
	provide planned response to threatening occurrences (natural disasters, vandalism, etc.);	
	implement periodic technical testing and evaluations.	
Physical Safeguards	Appropriately limit physical access to electronic information systems, hardware, software and facilities in which they are housed against unauthorized access.	<b>✓</b>
Technical Safeguards	Implement unique names/numbers to track access; emergency access procedures; audit controls that record and examine system access and activity; protection against improper alteration/destruction; procedures to authenticate user access; measures to protect information being transmitted against unauthorized access or modification without detection.  Note: Current industry standard is SSL ("channel encryption"); encryption of data during transmission is "addressable", not "required".	<b>✓</b>
Organizational Safeguards	Enter into Business Associate contracts with all applicable entities obligating them to comply with similar requirements.	<b>√</b>
Documentation Requirements	Document policies and procedures applicable to the foregoing, including actions taken and assessments made; such documents must be retained for six (6) years, appropriately made available, and reviewed periodically for updates/revisions.	<b>√</b>



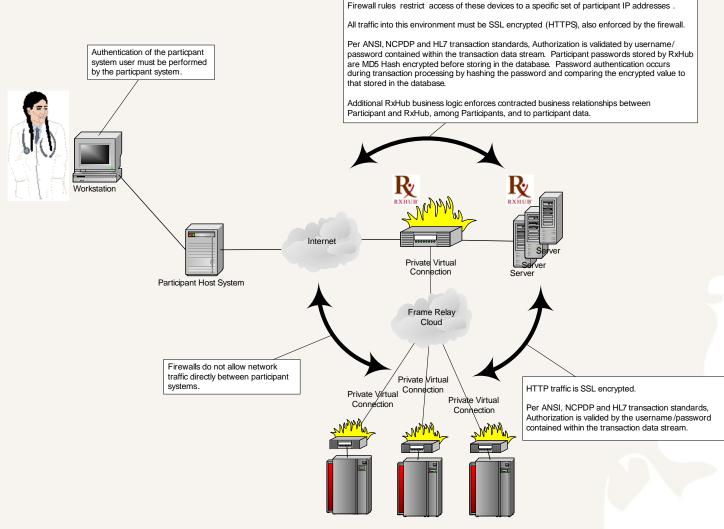
#### **RxHub Practices**

- Point Of Care (POC) user authentication and authorization contractually required
- IP Address verification sender and receiver
- Participant ID and password verification
- Secure encrypted channel
- Transaction audit Date/time, sender, receiver, control numbers...
- Meets HIPAA requirements for PHI
- Prescriber and pharmacy are identified in the transaction based on the SCRIPT standard
- Provider directory physician IDs, NCPDP ID, name, address, phone ...
- Industry accepted security controls/processes implemented
- RxHub only opens SCRIPT payload for version translation
  - Validates payload
  - Routing only for transactions on same version of NCPDP standard
- Future: translation from HL7 to NCPDP SCRIPT

Note: As secure (if not more) than paper or fax prescriptions



## The RxHub Security Architecture





### **RxHub Security Summary**

- Based on the Information Security Forum's "Standard of Good Practice"
- Annual risk assessments & staff security training
- Use of Intrusion Detection System
- Minimal access Firewall policy
- Password Policy & automatic screen lock
- Use of SSL and digital certificates for data in transit
- Daily encrypted backups performed, secure offsite rotation
- "Hardened" Operating Systems

- Data Retention Policy
  - minimum data required to complete transactions
  - data expired/de-identified as appropriate
- Appropriate Use policy for phone, fax, email, computers, internet
- Use of anti-SPAM & antivirus software at PC and email server
- Automated application of Microsoft patches (Win XP, SP2)
- Use of secure document disposal service
- Established Change Management and Problem Management Processes



## **Electronic Prescribing Issues**

- Today some state regulations are inconsistent or unclear
- Prescriptions can be written in a different state than the pharmacy that fills the prescription
- State regulations don't always consider electronic prescribing and in some cases prohibit electronic prescribing
- Pharmacists unsure of how to determine authenticity of an electronic prescription
  - Pharmacists may call prescriber to verify
  - Pharmacist may print and fax the prescription to prescriber for signature
- The definition of "electronic signature" is not clear



#### Recommendation

- Current standards and 'best practices' provide the necessary processes and protections to support electronic prescribing of both controlled and noncontrolled substances.
  - Security systems and procedures
  - POC user authentication and authorization
    - Unique user ID's and passwords
  - Unique participant ID's and passwords
  - Secure encrypted channels for communications
  - IP address verification
  - Transaction audits
  - Allow translation between standards and versions